

<b>Item No.</b> N/a	<b>Classification:</b> Open	<b>Date:</b> 29 March 2019	<b>Meeting Name:</b> Cabinet Member for Children, Schools and Adult Care
<b>Report title:</b>		Community Support and Maintenance – Dementia Grant	
<b>Ward(s) or groups affected:</b>		All Wards- People living with dementia, their families and communities	
<b>From:</b>		David Quirke-Thornton Strategic Director of Children’s and Adults’ Services	

## RECOMMENDATIONS

1. That the Cabinet Member for Children, Schools and Adult Care agree an extension to one year grant to the Alzheimer’s Society for the sum of £164,000, in order to continue to provide post-diagnostic support to people living with dementia and the continued development of a Dementia Action Alliance (as part of the wider Council commitment to an Age Friendly Borough).
2. The Cabinet Member for Children, Schools and Adult Care notes that this proposed decision is recommended by the Better Care Fund Planning Group made up of officers of the Council and the Clinical Commissioning Group (CCG) following a review of the Better Care Fund programme to continue funding in this area for 2019/20.
3. The Cabinet Member for Children, Schools and Adult Care also notes that this grant extension offers the Council and the CCG the opportunity to adopt a whole system approach by integrating service offer into the Southwark Joint Mental Health and Wellbeing Strategy 2018 (Priority 5 – Older People and Dementia).

## BACKGROUND INFORMATION

4. Children and Adults Services currently fund specialist dementia support provided by the Alzheimer’s Society as a grant, funded from the Better Care Fund (BCF). The current grant expires on 31 March 2019 and funds the for the following services:
  - 3 x Dementia Support Workers
  - 1 x Dementia Action Alliance Coordinator (part time) and associated costs
  - The Daffodil Dementia Café – sessional workers, volunteer and associated costs
  - The Primrose Dementia Café – sessional workers, volunteer and associated costs

Further details of these services, alongside activity data are set out in appendix 1.

5. Within the context of the refresh of the new integrated dementia care pathway, and moves to take a whole system approach under the Southwark Bridges to

health and wellbeing programme as well as the Southwark Joint Mental Health and Wellbeing Strategy, both the CCG and the Council places particular emphasis upon targeted support for people living with various forms of dementia following diagnosis to remain as independent and connected as possible within their local communities. This also includes support from family carers, who often are older people themselves.

6. These dementia services form part of a wider theme of “Community Support & Maintenance” within the BCF. The theme also includes investment in statutory areas such as the Disabled Facilities Grant, Advanced Care Planning carried out by social workers for people reaching the end of their life, a contribution towards the Council’s costs of nursing care and home care, and a £10k contribution to Age UK towards the costs of providing outreach podiatry care for frail and housebound older people who are not eligible for free NHS podiatry care. (Which is considerably cheaper than that charged by commercial podiatrists)
7. The Dementia Action Alliance (DAA) delivers the Dementia Communities Programme in Southwark, closely linked with the Council’s Age-Friendly Borough agenda. The Cabinet took the formal decision to develop a DAA in November 2014, and the Southwark DAA was a recognised finalist in the 2017 national dementia awards (Urban Community Category). The membership of the DAA is made up of statutory, voluntary sector and commercial organisations that work together to make Southwark a place where people living with dementia have the support, they need to live their life to the full and remain a valued part of their local community.
8. The Council and the CCG have evaluated the performance of schemes funded under the BCF programme and this process demonstrated that the service is meeting need and delivering a high quality service. Therefore, the BCF Planning Group supports continued funding of the Alzheimer’s Society in 2019/20 as part of a wider offer of services to support people living with dementia in the community.
9. Dementia with frailty and end of life, is one of two segments that is being prioritised as part of outcomes-based commissioning using the Southwark Bridges to health and wellbeing tool. Dementia was added to the Local Care Networks (LCNs) Care Coordination Pathway which identifies people for care coordination in 2018/19 and will continue to be part of the LCN’s care coordination programme for 2019/20.
10. A whole systems analysis of needs of people living with dementia was undertaken by the Dementia Care Pathway Refresh project board. It showed that the service should remain part of the more targeted offer of support for those living with dementia. Following the Dementia Care Pathway review, the Adults Development Commissioning Group, made up of Directors of commissioning for the CCG and the Council, public health, clinicians and other stakeholders noted that this activity sits within Priority 5 of the delivery plan for the Southwark Joint Mental Health and Wellbeing Strategy. It is envisaged that the service will work in closer collaboration with Local Care Networks (LCNs) and the emerging Older People Hubs to support people living with dementia.

## KEY ISSUES FOR CONSIDERATION

11. The Department of Health and Social Care Dementia Prevalence Calculator indicates prevalence rates for dementia.
12. Increasing numbers of people living with dementia are requiring increasing levels of care and support across the wider health and social care economy.
13. The Department of Health and Social Care estimates that there around 676,000 people have dementia in England. In the whole of the UK, the number of people with dementia is estimated at 850,000. There are around 540,000 carers of people with dementia in England with their own set of needs for support.
14. As age is the biggest risk factor for dementia, increasing life expectancy is the driving force behind this projected rise
15. There is a considerable economic cost associated with the disease estimated at £23 billion a year, which is predicted to triple by 2040. This is more than the cost of cancer, heart disease and stroke.
16. There are improved dementia diagnosis rates in Southwark 72.3% (2018) and increased demands on social care and post-diagnostic support services in the voluntary sector. This is slightly lower than 74.5% (2017) due to issues with coding which has been rectified. This compares with an average rate of 71.1% throughout London.
17. The recorded prevalence has risen locally from 0.23% in 2010/11 to 0.37% in 2017/18 for patients of all ages (1,214 adults). Despite the recent increase, the prevalence is still significantly lower compared to the national and London averages (0.8% and 0.5% respectively).
18. Over the coming decade our population is predicted to grow older: The largest numerical population increase is expected in those aged 35-44, by around 18,000. The largest percentage increase is predicted for those aged 60-69 (52%). It is expected to be an increase by just short of 10,000 people to 28,354 in 2026.
19. It is predicted that the number of patients with dementia will grow by over a quarter (28%) in those over 65. This will be an increase by 455 people with dementia aged over 65.
20. As the numbers of people living at all stages of the condition increases, the need for individuals and their carers to receive post-diagnostic support and advice at the right time is rising. Due to the improving rate of early diagnosis within Southwark, there are increasing numbers of people living with a diagnosis at earlier stages of their condition. This grant will provide person centred proactive and timely support, which is key in the development of a refreshed “Dementia Pathway” in Southwark. This will involve a reconfiguration of Council and NHS services around targeted populations (alongside the promotion of a dementia-friendly borough).
21. Positive service user and stakeholder feedback of these services was obtained

as part of the BCF evaluation. Although a condition associated with the aging process, the Alzheimer's Society services also support working age adults with a dementia diagnosis. Around 15% (30 people) of people assisted by either the support workers or the cafés were aged between 55-and 64. The services take steps to ensure that activities and support are also relevant to this younger cohort. So, for example reminiscence sessions for younger people focus upon more recent past events.

22. There are further opportunities for closer joint working between statutory services with respect to case management. Post-diagnostic support is integral to effective future planning for people living with dementia, as well as support for informal carers to avoid breakdown in family support resulting in admissions to care homes or hospitals, which otherwise would have been avoidable. Work continues with the Alzheimer's Society, through a number of workstreams, to establish how the Society can further extend support for people living with dementia with multi-morbidity leaving acute care following admission for physical health conditions.
23. The largest proportion of the grant funds three support workers, who provide targeted support and casework for people living with dementia (plus their family carers). They support people after diagnosis, usually visiting them in their own homes and alongside the Daffodil and Primrose cafés, deliver holistic preventative intervention to enable people living with dementia to remain in their home and avoid the need for residential or hospital care.
24. This work often involves having necessary, and often difficult conversations, with people who still retain mental capacity at an early stage of their dementia (for example in relation to lasting power of attorney). Support workers identify, and facilitate, the required interventions for individuals and their families. The support workers complement the role of the Dementia Adviser located within the Memory Diagnostic Service (funded by the CCG as part of the core SLAM contract) by providing ongoing outreach support in people's own home.
25. Alzheimer's Society is a member of the Consortium of Older People Services in Southwark (COPSINS) and works in close partnership with other older people charities in the borough. More detail of the services funded by this grant is set out in appendix 1. This provides details of the range of activities and support provided by the Alzheimer's Society alongside the partnerships developed.
26. The grant provides value for money given the level of investment, high utilisation and the comparable cost of alternative intervention. For example, the Support Worker Service has supported 130 new cases from April to December 2018 demonstrating that there is demand for the service. Likewise, 188 people attended the two dementia cafes which are held for 2 hours every week, and 105 people with dementia were engaged in some form of event through the Dementia Action Alliance. There is a weekly register of clients who attend the cafes but the provider cannot run a report of individual attendance over the period. However, the provider has a record of weekly meetings and the number of persons in attendance. The service also provides support to carers of people living with dementia through the Peer support group. 45 carers attended the information sessions which takes place once a month. The Alzheimer's Society are providing support and advice to people living with dementia and their families who are known within the health system and voluntary sector partners but may not yet have significant need of social care services. The focus is on maximising their independence and living well with dementia, covering issues such as powers of attorney, assistive technology and healthy living, supporting people with dementia

themselves and their families, through often very complex domestic and personal circumstances. Such timely and targeted interventions can prevent, or delay, reliance upon more expensive services.

### **Policy implications**

27. The Care Act 2014 confers duties on local authorities to promote individual wellbeing, establish preventative services, provide information and advice about care and support, and provide appropriate support for adults and their carers. All of the above are fulfilled through this grant for families living with dementia.
28. Southwark's Vision for Adult Social Care is to deliver well-coordinated personalised health and social care services to prevent, delay or reduce the need for care and support to be able to live as independent lives as possible. A new Dementia Pathway is a key strategic priority within the Council's vision. Through risk stratification measures there is potential to target individuals at an earlier stage to help them plan more effectively for the future.
29. The recommendation set out in this report supports the Council's commitment mandated by November 2014 Cabinet, to Southwark becoming a dementia friendly community, in line with Fairer Future Promise 10 (making the borough a place in which to age well) as well as being shaped by the Fairer Future Promise 1 (value for money).
30. The Five year forward view, and the NHS Long Term Plan offers the commitment to upgrade the quality of care and access to dementia services and also focus on prevention of long-term conditions including dementia.

### **Community impact statement**

31. The information of ethnicity and dementia is limited. The memory service report that rates of recent diagnosis amongst Black and Minority Ethnic (BME) communities is around 33%. This being higher than the 19% of the total Southwark older population who are from BME communities recorded in the 2011 census. The largest BME groups reported by SLaM being from the African-Caribbean and African communities, corresponding with the wider demographic makeup of the borough. This is mirrored by the client base of the dementia support workers, which has seen a significant increase in the numbers of people they support from BME communities and those from African and Caribbean communities. (see appendix 1)
32. The extension of the Alzheimer's Society grant should not have a negative impact in relation to the groups identified as having a "protected characteristic under the Equality Act 2010 and the Councils' equality agenda: Race, Gender, Age, Disability, Faith and Religion, Sexuality, Gender re assignment, Marriage and Civil Partnership and Child Care and Pregnancy. It will benefit those living with dementia.

### **Resource implications**

33. The grant will be managed through current staffing resources contained within the Partnership Commissioning Team structure.

34. Monitoring of the grant is based on the conditions of grant funding which amongst other things includes evidence of work being done and outcomes being met. It will be reviewed at least annually by the BCF Planning Group.

### **Legal Implications**

35. Please see the legal concurrent below.

### **Financial Implications**

36. The 2019/20 BCF allocation towards Dementia care totals £184,000 via Scheme 20 which is described as “Dementia – Enhanced Neighbourhood Support” under the theme “Community Support and Maintenance”. £164k of this allocation is spent on the grant described in this report, with the remaining £20k contributing towards the Council’s staffing costs for delivering specialist social work intervention for older adults with mental health problems within the memory service at SLAM.
37. As the grant to the Alzheimer’s Society is a fixed sum the expenditure is controlled and does not pose a risk with regards to overspend in 2019-20.

### **Consultation**

38. The council has sought the views at the Adults Development Commissioning Group (ACDG) and the BCF Planning Group which includes health & social care professionals.
39. Service user outcomes and feedback are positive and evidenced through case studies in the service quarterly monitoring submissions by Alzheimer’s Society as well as visits to the service by commissioners. Clinical and professional feedback during the Dementia Care Pathway review was also positive.

## **SUPPLEMENTARY ADVICE FROM OTHER OFFICERS**

### **Director of Law and Democracy**

40. This report seeks approval of the award of further grant funding to the Alzheimer’s Society for one year from 1 April 2018 to enable the provision of post diagnostic support to people living with dementia and the development of a Dementia Action Alliance as part of the wider Council commitment to an Age Friendly Borough. Paragraph 4 summarises the various posts and the programme that will be funded through the proposed grant award.
41. The decision to approve the report recommendation is one which is expressly reserved to the Cabinet Member under Part 3D of the council Constitution. The proposed grant award is consistent with the council’s statutory duties and powers (notably the Public Sector Equality Duty imposed by the Equality Act 2010) and with corporate policy, in particular, the Fairer Future Promises.
42. Officers consider it appropriate for these services to be regulated by way of conditions of grant funding rather than by more formal commercial contractual conditions. However, the funding agreement with the Alzheimer’s Society makes provision for the council to withhold or “claw back” funding if necessary, in the event that the required services and service delivery outcomes are not achieved.

## BACKGROUND DOCUMENTS

Background Papers	Held At	Contact
Dementia Friendly Communities Cabinet report	Council website	Juliet Alilionwu 020 7525 2339
<b>Link:</b> <a href="http://moderngov.southwark.gov.uk/documents/s49951/Report%20Dementia%20Action%20Alliance.pdf">http://moderngov.southwark.gov.uk/documents/s49951/Report%20Dementia%20Action%20Alliance.pdf</a>		

## APPENDICES

No.	Title
Appendix 1	Details of the services funded through the grant

## AUDIT TRAIL

<b>Lead Officer</b>	David Quirke-Thornton Strategic Director of Children's and Adults' Services		
<b>Report Author</b>	Juliet Alilionwu, Joint Commissioning Manager (Older People and Complex Needs)		
<b>Version</b>	Final		
<b>Dated</b>	26 March 2019		
<b>Key Decision?</b>	No		
<b>CONSULTATION WITH OTHER OFFICERS / DIRECTORATES / CABINET MEMBER</b>			
	<b>Officer Title</b>	<b>Comments Sought</b>	<b>Comments Included</b>
	Director of Law and Democracy	Yes	Yes
	Strategic Director of Finance and Governance	No	No
	<b>Cabinet Member</b>	Yes	Yes
	<b>Date final report sent to Constitutional Team</b>		28 March 2019